



Youth Development Programs

Sisters Project

Name of Program:	Sisters Project
Name of Organisation:	YWCA of Darwin
Address:	GPO Box 2586 DARWIN NT 0801
Contact Details:	Lisa Bennett, Program Coordinator
Phone:	(08) 8945 1372
Fax:	(08) 8945 6588
Website:	www.ywcaofdarwin.org.au (under programs and services)
Length of Program:	Varies, groups and individual sessions will be offered according to the needs of the individuals.
How Often:	A variety of activities and groups throughout the year.
Age of Participants:	12 - 21 years
Cost to participate:	Free
General Information:	<p>The Sisters Project is a dynamic new program for young women from 12-21 years who are experiencing challenges through the transitions into adolescence and young adulthood and for some young women through pregnancy and into motherhood.</p>

The Sisters Project offers a diverse range of creative, expressive and informative group programs that focus on safety, self esteem, wellbeing, skill development, emotional health, body image, confidence, relationships and community connections.

The Sisters Project will grow and develop over time, depending on the needs and ideas of young women and the community.