

USEFUL CONTACT INFORMATION

Emergency Help

Emergency (police, fire, ambulance)	000
Crisis Line	1800 019 116
Top End Mental Health Services (Emergency Assessment) 24 hrs	8999 4988
Poisons Information	13 1126

Telephone Counselling

Kids Help Line	1800 55 1800
Lifeline (24 hrs)	13 11 44
Lifeline just ask	1300 131 114
Teen challenge	1800 771 777
SANE Australia (9-5 on weekdays)	1800 688 382
LifeForce Suicide Prevention Program	1800 100 024
Parentline	1300 301300
Alcohol & Drug Information Service	1800 131 350

Mental Health Services

Top End Mental Health Services	
Darwin	8999 4988
Katherine	8973 8722
	or A/H 8973 9253
Nhulunbuy	8987 0413
	or A/H 8987 0211

Central Australian Mental Health Services	
Alice Springs	8951 7710
	or A/H 8951 7777
Tennant Creek	8962 4300
TEAM Health	8981 4128
	or 1300 780 081

Mental Health Association of Central Australia	8952 3311
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Aboriginal Health Services

Danila Dilba Health Services	8936 1755
Central Australian Aboriginal Congress	8951 4444

General Counselling and Support Services

Anglicare NT	
Top End Office	8989 0000
Central Australian Office	8952 2833

Centacare NT	
Darwin	8924 3200
Alice Springs	8952 9730
Palmerston	8932 9977
Katherine Family Link	8971 0777

Somerville Community Services	
Darwin	8945 1533
Palmerston	8932 6111
Katherine	8971 1107

Relationships Australia	
Darwin	1300 364 277
	or 8981 6676
Alice Springs	1800 634 405
	or 8952 7344

Amity Community Services	8981 8030
	or 1800 629 683

Sexual Assault Referral Services

Darwin (24 hrs)	8922 7156
Alice Spring	8951 5880
	or A/H 8951 7777
Katherine	8971 0777
	or A/H 8973 9211
Tennant Creek	8962 4364
	or A/H 8962 4399

Ruby Gaea Darwin Centre Against Rape	8945 0155
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(Correct as at October 2004)

