

# Honeyed Golden Threadfin



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### **Ingredients** (Serves 2)

500g fillet golden threadfin (or blue salmon)  
Olive oil  
Lemon juice  
2 tablespoons honey  
Plain flour  
Salt  
White pepper

### **Method**

Thinly slice the fillet and coat in flour mixed with salt and pepper. Grill or lightly fry in olive oil. Heat the honey in a saucepan with a generous squeeze of lemon. Pour over the fish.

### **Serving**

Serve with steamed vegetables or a crisp salad.